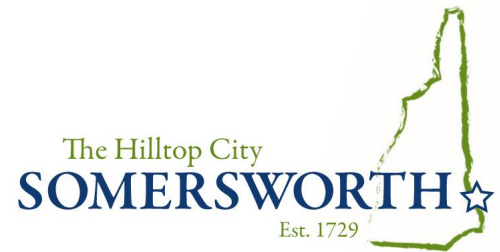


City Connection

Proud Past, Bright Future

April 2019



April Meetings in Council Chambers

City Council Meetings

Regular City Council Monthly Meetings

Monday, April 1

- 5:30pm: City Manager presents FY 19/20 Proposed Budget

[FY 19/20 Proposed Budget](#)

- 6:30pm: Public Hearing on FY 19/20 Proposed Budget
- 7:00pm: City Council Meeting

Monday, April 15 at 7:00 p.m.

City Council Annual Goal Setting Session

Saturday, April 6 at 8:30 a.m.

School Board Meeting

Tuesday, April 9 at 7:00 p.m.

Tuesday, April 30 at 7:00 p.m.

Conservation Commission

Wednesday, April 10 at 7:00 p.m.

Planning Board

Wednesday, April 17 at 6:30 p.m.

Historic District Commission

Wednesday, April 24 at 7:00 p.m.



The Mayor's Corner

Now is our Time

For two hundred and ninety years the *ten square mile* community known as Somersworth has secured its place within history, defining its foundation upon the values which has aided in restoring its identity, confidence in itself and having a clear direction towards its journey of recapturing the successes of its **"Proud Past"**. The light of the Hilltop City has been illuminated since its founding, attracting immigrants seeking to be part of the American endeavor and citizens throughout the United States wishing to become part of something bigger than themselves.

One does not need to look to the strength of the Salmon Falls River, or the grandeur of the Mills that dominate the façade of our downtown business district to gain an insight or understanding of what the foundation of our communities' soul is. Our success did not come from the textiles, shoes or meters which were produced for corporate America. Our success did not come from the abundance of wealth which was made by businessman whose homes fill our historic district. Our success, our **"Proud Past"** and **"Bright Future"** is instead found throughout the restaurants, coffee shops, and busy groceries stores. Our success is found on the baseball diamonds, the churches, parks and gathering places throughout Somersworth. Our success was not crafted from brick and mortar, nor from the machines of human invention. Our success was instead divinely influenced and designed. Our success cannot be labeled with a barcode or have a monetary value placed upon it. For our success and greatest

Please note meeting Calendar is subject to change.

To view Agendas of City Council meetings please visit City website

www.somersworth.com/calendar/

City of Somersworth
City Hall
One Government Way
Somersworth, NH 03878
(603) 692-9555

City Hall Hours:
Monday - Friday
8:00 a.m. - 4:30 p.m.

Wednesday
City Hall is open until
6:00 p.m.



Stay in touch with City Happenings.

- Business Email List
- City e-Newsletter
- Recreation Department

[Join our mailing list](#)

For a complete list of all upcoming

asset has always been and will continue to be the people who proudly call and define themselves as Hilltoppers.

Somersworth has within six years gone from wandering the trail with a confused sense of direction, to becoming a model of governing, while celebrating and embracing diversity, and reinvesting and believing in itself. The elements to our success were never lost or abandoned, they were instead forgotten. Forgotten by those who believed that for Somersworth to once again become the giant of the seacoast, a transformation to something else was necessary. Those who believed that for Somersworth to compete we must become and follow the lead of our neighbors, Dover, Rochester or Portsmouth. Those who believed that Somersworth was incapable of envisioning how it would once again succeed or define itself as a community which would attract commerce and the next generation of Hilltoppers.

Our own lack of confidence, misinterpretation of our history and unawareness of self, lead to our darkest hours. The hours in which our downtown center became empty, infrastructure deteriorated, lack of support of schools and first responders existed and embracing self - defeated and failure were common practices. Yet, throughout those dark days, the Hilltopper spirit of those who truly believed in its story, its values, its commitment and foundation was never surrendered. For what we sought out to create in 1729 radiates today in the new energy level, excitement and determination to continue envisioning, creating and constructing a community where all can live safely, be supported, find common ground, and be celebrated.

History is filled with the stories of civilizations and communities' time of opportunities and missed opportunities, leaving future generations to ponder and interpret why decisions were made or negated. One's greatest moment is knowing when their time has arrived, their time to climb, progress, succeed. Knowing when it is their time to envision, endeavor, commitment and continue ***"On the Move!"*** Our Hilltop city no longer needs to forecast into the future when our time will come, for our time has arrived, and we will no longer await for the right moment or opportunity to create our ***"Bright Future"***, for Somersworth now is our moment ***"Now is our Time!"***

"Now is Our Time" to continue the progress which has been made at reinvigorating our downtown center and commerce areas. We must aggressively market all that is right and intriguing about our 10 square mile community. We must with confidence seek every opportunity to attract and welcome the businesses, we desire. Gone must be the days when we adhere to the concept that with little too no effort they will come. We must instead, with the same level of commitment and energy which has set forth the continuation of our journey of success; create, envision, market and seek opportunities which will attract investors and entrepreneurs to Somersworth.

A school system is the first indication of a community's commitment to oneself, its wellbeing and willingness of investment and sacrifice towards a ***"Bright Future"***. Progressive schools attract businesses and families who will continue to believe and embrace Somersworth. We must hold steady to our commitment to greatness within our school system, though seeking every opportunity available to create 21st century educational experiences for all of our students. ***"Now is our Time"*** to continue the financial support we have made over the last 6 years, of passing school budgets which reflect our Hilltopper values towards supporting 21st century education opportunities, while building schools which are nationally recognized for their holistic approach towards growing a student's body, mind

"Now is our Time" to continue with the due diligence of the ***SAU56 Withdrawal Commission*** and explore all options which will allow Somersworth to make its own independent decisions regarding the governing of their education system. While full autonomy comes at a cost, we must not hesitate nor be fearful of allowing our community the final step of achieving its own voice in steering its own destiny.

The Somersworth of 2019 has altered in its appearance and growth since most of our childhoods. Today the Somersworth we live in is home to business and shopping plazas where farms once stood. Open space and land which once was habitat to species we rarely came in contact with, are now housing developments to new generations of Hilltoppers, forcing the displaced deer, turkeys, and other wild life into our backyards, and onto our streets. While our economic progress is and must continue to be a top priority of our community, so must sustaining and conserving its natural resources. We must continue to seek balance between development and maintaining sustainable and conservation practices which protect all natural resources and species for generations to come.

"Now is our Time" to utilize the wisdom, insight and commitment of both the Sustainability Committee and Conservation Commission.

Within the next several months I will naming members of both of these bodies to embark on the creation of a 10 year annual plan adopted by the City Council entitled **"Preserve Somersworth"**. This environmentally friendly plan will ensure Somersworth continues to focus on the balance between development and preservation, while exploring and adopting sustainable practices in its government, school and community.

We must continue our unwavering commitment towards our first responders. Our Hilltopper heroes, Police, Fire, EMS, reaffirm each day that without hesitation, they would be willing to lay down their life, for the life of a fellow Hilltopper. **"Now is our Time"** to ensure through our practices they are rewarded with competitive salaries and benefits and have access to the tools and equipment necessary to keep us safe.

By the conclusion of this Councils term, let us vote to finalize the construction of a state of the art Fire Station facility, have our Police Department at full force, creating new officer positions if the demand is warranted and continue to support EMS services who are dedicated and committed to Somersworth.

Since the first volleys of American Independence were fired at Lexington and Concord our American Veterans have continued to answer the call, defending the values of freedom and Liberty throughout the world. Somersworth Veterans throughout our history have and continue to serve our nation with the pride and valor which brings honor to our Hilltop City.

The Veterans Parks Commission under the leadership of Councilor Dumont and Commission members have adopted the preliminary designs for a new Veterans Park which will create a place of remembrance and recognition that all of our Veterans deserve.

"Now is our Time" for us to answer our call, by allocating the funds necessary to begin the work on a Somersworth Veterans Park and create a park that allows us to show our thanks and appreciation to all our veterans.

Over the last six years we have at a steady pace continued **"On the Move!"** towards upgrading our parks and creating both passive and active recreation

opportunities for all Somersworth citizens. Today the Pines Splash Pad, walking trails and Kayak launches cater to the needs of a community's desire for wellness practices. **"Now is our Time"** to not only sustain our support for park upgrades, but explore and create new recreation opportunities for all residents. Under the watchful eyes of Councilor Cameron as the new Chair of the Council Recreation Committee I have full confidence that recreation will continue to have a **"Bright Future"** in our city.

The Noble Pines Baseball Field has been recognized as one of the best Baseball diamonds in the state and has taken on the characteristics of a Norman Rockwell painting during games, celebrating Americas favorite past time, at the highest gathering spot in our community. Sadly at our flagship park, baseball is limited only to the daylight hours. As the saying goes "If you build it, they will come", so over the next several months Council Witham and I will be seeking and exploring all options of making "night time baseball games" a living reality at the Noble Pines.

With the same dream and determination that illuminated Memorial Field for football, I call upon all baseball lovers to help us bring evening baseball games to the Hilltop City.

On equal footing with a reputable school system for attracting businesses and families to Somersworth, is an updated and well maintain infrastructure. Over the past six years with the guidance and commitment of the Public Works and Environment Chair Councilor Sprague our Council has embraced an aggressive approach to upgrading our streets, roads and infrastructure. **"Now is our Time"** to stay on course with our support and dedication towards maintaining our direction of improvements. A guaranteed way of ensuring Somersworth remains **"On the Move"** is by continuing our high level of support for street, road and infrastructure upgrades. We must not allow our community to slip back into the practices of apathy which led us to unsafe conditions and deterioration in the past.

The last six years have seen Somersworth develop a state wide reputation as the **"Welcoming City"**. Our commitment to each other, and the diversity which our Hilltopper strength comes from, has and continues to attract all who embrace the American creed of liberty and justice for all. From LGBT equality to standing firm and insuring the rights of immigrants and those of faith and non-believers, Somersworth once again shines as a beacon of hope as a community where one can be themselves, live in peace with security and be celebrated. Let us not only continue to open our arms to all who embrace diversity and democratic values, but **"Now is our Time"** to utilize our asset of diversity and strength within our people, to grow our economy and expand our communities opportunities. I have recently begun discussions with members of the Indonesian Community Connect as to how the largest population of Indonesians north of New York city in partnership with the Indonesian government, can help Somersworth continue **"On the Move"** towards its **"Bright Future"**. Several ideas have been germinated, and as they progress, announcements and experts will be sought to help make ideas a reality for our **"Welcoming City"**.


For two hundred and ninety years our home, our ten square mile community we call Somersworth has continued **"On the Move"**. Through its competitiveness on the global market during the Industrial Revolution to overcoming the fall out of the shoe industry and downsizing of General Electric, Somersworth has never abandoned its values or commitment towards honoring its **"Proud Past"** while continuing on its journey towards a **"Bright Future"**. While the actions, success and failures of our past are now in the pages of our history books and throughout the rooms of the Summersworth Historical Museum, **"Now is our**

Time" to write the next chapter and volumes of our destiny towards greatness. Let the commitment towards ourselves continue, let the energy continue to rise, for dawn and its first light has arrived and is shining throughout the Hilltop City, for **"Now is our Time"**.

We are a community! We are achieving progress and greatness!

WE ARE SOMERSWORTH!

Mayor Dana Hilliard




Mayor's Community Forum
Saturday, April 13
9:00am – 10:30am
City Hall

Included in this Forum will be the Mayor and Somersworth School Representatives.

The purpose of these forums are to foster dialogue and ideas, in a non-formal setting to continue to move our Community forward.

All members of the Community are welcomed to attend.



SAVE THE DATE!

Mayor's Upcoming Community Forum

May 11 - Mayor & State Representatives

**June 8 - City Manager Bob Belmore &
Police Chief David Kretschmar**

**Mayoral Winter
Office Hours**

Monday: 5:00 p.m. - 6:00 p.m.
Wednesday: 5:00 p.m. - 6:00 p.m.
Friday: 4:00 p.m. - 5:00 p.m.

People are welcomed to stop by during these times. Or, if you prefer, you can make an appointment by calling Brenda at 692-9503 or email [Brenda](#).

From the City Manager's Office



[City Manager Reports - Click here to view](#)

**PUBLIC
INVITED**

LISTENING SESSION

NH Route 108 Complete Streets Project

The New Hampshire Department of Transportation (NHDOT) invites the public to attend a Listening Session for the proposed improvements to a 5-mile section of NH Route 108 in Dover, Somersworth, and Rochester. This Listening Session is being held to seek community input on the corridor and desired changes that would follow the principles for a Complete Street. A Complete Street balances the needs of motorized, non-motorized, and transit users.

WHAT: LISTENING SESSION

WHEN: May 2, 2019
7:00-9:00 pm

WHERE: Somersworth High School
Career Technical Center
18 Cemetery Road
Somersworth, NH 03878

WHO: You! Residents, Business Owners,
Commuters, Local Officials, Elected Officials



*A short presentation will be conducted at 7:00 pm followed by open discussion of ideas and dialogue between the public and the NHDOT project team

COAST's Route 1 can get you to the meeting but cannot take you home because it stops running during the meeting time. COAST will provide a shuttle at 9:00pm to anyone who took COAST to the meeting and needs a ride back to any COAST Route 1 bus stop. Call COAST at 603-743-5777, option 1 for details.

For further information, please contact Wendy Johnson, NHDOT Project Manager at Phone: (603) 271-2171 or Email: wendy.johnson@dot.nh.gov. Any individuals needing assistance or auxiliary communication equipment due to sensory impairment or other disability, should contact the Bureau of Right-of-Way, NHDOT, PO Box 483, Concord, NH 03302-0483 or call 603-271-3222 – TDD Access: Relay NH 1-800-735-2964. Notification for the need of assistance should be made at your earliest convenience.



For more information visit www.108TriCityCompleteStreets.com

HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

MAY 4, 2019
8:30 AM TO 12:30 PM
TURNKEY LANDFILL, 90 ROCHESTER NECK ROAD, ROCHESTER

10 gallons of Household Hazardous Waste is an estimated amount, reasonable amounts will not be turned away, this is household disposal only, no businesses may use this site.

Questions regarding amounts and accepted items please call
DPW @ 692-4266

**Resident MUST bring a photo ID with proof of
Somersworth residency.**

Items that will be accepted include:

- Oil or enamel-based paint stains and finishes
- Paint thinners and turpentine
- Weed killers and fertilizers
- Bug and rodent sprays
- Pool chemicals
- Antifreeze
- Gasoline

Items that will NOT be accepted include:

- Zinc and alkaline batteries
- Propane Tanks
- Car batteries
- Latex paint
- Computers
- Motor oil
- Tires

**Please Join Us For The
11th Annual Spirit Up Somersworth
Community Clean up Day
hosted by SYC
Saturday, May 4th**

7:00-7:30am: Registration at Middle School for all groups, families

Pick up: gloves, trash bags provided

Join SYC with City Leaders, Businesses, Community Organizations, Youth Groups, School Organizations, and Somersworth Families as we beautify our community!

12:00pm :Meet back at Middle School for *Block Party!*

Free Luncheon for all volunteers

12:30pm : Immediately following clean up

**Please join SYC & Somersworth Police Department for
Annual Bike Safety Course- grades K-8**

Bring your bike and participate in FUN safety course challenges, bike maintenance checks, learn proper helmet fitting & bike safety tips.

All participants eligible for free gear! Enter raffle for a free boy & girls bike give away!



**For information or to sign up your family or organization please contact
Maureen Jackman mjackman@sau56.org 692-2126**

This event is free to all attendees!

Walmart is generously donating (1) girls bike and (1) boys bike to be raffled at the event.

These events are sponsored by:

Somersworth Walmart, Somersworth Youth Connection and Somersworth Police, Somersworth School Department and City of Somersworth

Time to Renew Dog Licenses

Dog licenses are due by April 30th. Our 2019 dog tags are available if you would like to license early! You can renew your dog license in-person during regular business hours, by mail or online.

**2019
DOG TAGS
are available!**

All dogs must be licensed by April 30 to avoid a late fee.

Puppy:	\$7.50
Adult Male/Female:	\$10.00
Adult Spayed/Neutered:	\$7.50

First Dog owned by Senior Citizen (over 65)	\$2.00
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Late fee after May 31 \$1.00 (per-month)

Civil forfeiture (for unlicensed dogs)	\$25.00
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The City Clerk's office requires up-to-date information from the rabies certificate which is provided by your veterinarian.

To register by mail:

Check or money order payable to: City of Somersworth
Mail to: One Government Way, Somersworth, NH 03878
Please include a self-addressed stamped envelope

To renew on:line:

<https://www.somersworth.com/home/pages/online-services>

You will need your dog's previous tag number to renew on-line.

For further information, please visit contact the City Clerk's office at 603-692-9555 or tharris@somersworth.com

City Hall's Drive-up Window is now again open for Residents to Use!



**November Municipal Election
WE NEED YOU!!**

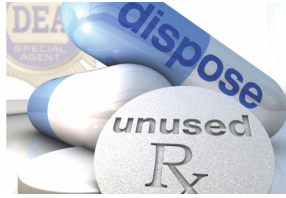
Election Volunteer workers needed! Enjoying meeting your neighbors at the Polls. A small stipend and lunch is provided!!

According to the Somersworth City Charter, for each election, there shall be 3 Selectmen, a Ward Clerk, and a Moderator, as well as a Supervisor of the Checklist for each ward. At this time, we have vacant positions that we would like to fill before the Municipal Election in November. Please contact the City Clerk for more information on serving as an election official. tharris@somersworth.com 603-692-9511.



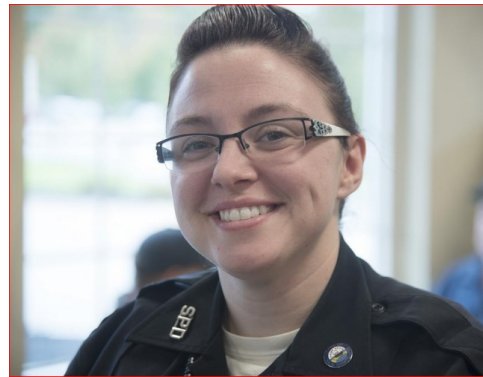
Somersworth Police

Drug Take Back Day



When: Saturday, April 27
Where: Somersworth Police Station
12 Lilac Lane
Time: 10:00 a.m. - 2:00 p.m.

Did you know that we also have a drug take back box in our station lobby that you can drop off unused prescription medications 24 hours a day, 7 days a week? Just come in and drop them off. PLEASE no Sharps.



Ashley Fuller
School Resource Officer

Upcoming Educational Events

- **Vaping Unveiled** at Somersworth Middle School
Friday, April 5

School Resource Officer Ashley Fuller will be presenting "Vaping Unveiled". This will talk about the dangers of vaping.

- **Law Enforcement Day** at Somersworth Middle School
Wednesday, April 7

School Resource Officer Ashley Fuller has coordinated with multiple agencies to present to students at Somersworth Middle School about careers in Law Enforcement.

Somersworth Police Facebook Page

Check out Somersworth Police Department's Facebook page. We use this to inform you about important community information including crime information, road closures, snow emergencies/ parking bans, and community events. Here is the link:

<https://www.facebook.com/SomersworthPoliceDepartment/>

We send out Nixle alerts for parking bans and other important information to cell phones and emails. You can sign up for free Nixle at www.Nixle.com



Somersworth Crime Line:
You can leave anonymous information at 692-9111



From your Local Fire Department
692-3457

- Spring is the time to clean-up garages, basements and yards. Lubricants and hazardous materials can be disposed of during advertised collection days dedicated solely to the disposal of these items. Otherwise metal and electronic items can be dropped off at the DPW yard once stickers for disposal have been purchased at City Hall for \$4 per item.
- Spring also means that citizens will be burning their downed tree limbs and garden preparation materials. A Permit is required by the State of New Hampshire for such activities and that Permit can be obtained at the Fire Department. Unless it is raining outside, permitted burning cannot start until 5pm each day.
- The City has the need of additional call firefighters. A call firefighter receives certification as a Firefighter I/II in the state of New Hampshire. He/she usually is employed in another vocation but responds to emergencies in Somersworth (and to our neighbors) should the occasion arise when we need additional help at an emergency scene. Apply at the Fire Department or at Human Resources in City Hall.

Information from Public Works 692-4266



BAGGED LEAVES AND BRUSH PICKUP

Brush will be picked up the third weeks in April and May. You must call 692-4266 by Friday, April 12th and/or Friday, May 17th to be added to the pickup list. Please have your brush curbside no later than 7:00 am on Monday, April 15th and/or Monday, May 20th for pickup.

Brush can be up to five (5) inches in diameter and ten (10) feet long. PLEASE NOTE: Brush pickup is limited to 20 minutes per stop. Any remaining brush and cleanup of debris is the responsibility of the property owner. *The April collection will also include any Christmas trees that were buried under the snow. Please have them curbside with your brush!*

Bagged leaves will be picked up the fourth weeks in April and May You

do not have to call ahead for bagged leaves pickup. Please have leaves curbside no later than 7:00am on your trash pickup day the weeks of April 22nd and/or May 27th. Leaves and grass clippings must be in brown paper leaf bags, sold at many local stores.

Malley Farm Facility will be opening in April weather conditions permitting for disposal of brush and leaves

Staff will update the website and other social media outlets on the specific opening date in April. Call the Public Works Department at 692-4266 for the latest on opening and hours of operation.

Community Gardeners at Malley Farm-Special Meeting to Occur for Returning Gardeners

Meeting is scheduled to occur on Saturday, April 20, from 10am -11:30am. A steering committee made up of the Gardeners was established in 2017 to assist with managing the program. Representatives of the Committee will lead the informational and sign up meeting for upcoming spring participants. The meeting will be mandatory for both community gardeners planning to return to garden their assigned plot this coming year and for new gardeners who would like to sign up for a plot.

Please call Public Works for more information at 692-4266.



Highway Crews to Prepare for Spring Work Details

Highway crews will be initiating spring cleanup work as soon as the snow melts, including replacing temporary road patch material with hot mix asphalt, sweeping downtown sidewalks and all City streets. In addition, the Department will be preparing City streets to enable our traffic marking contractor to repaint City street lanes, pedestrian crosswalk and stop bars which is anticipated to occur during mid to late May.

April Vacation Spring Fling!

Somersworth Recreation Somersworth Library Somersworth Farm to School

Somersworth Public Library

Open to elementary age students

Thursday, April 25th

11:30-1:00 p.m.

Free!



Homemade bird feeders Windsocks & parachutes Earth Day/spring books
Painting flower pots with seed starting demo Tinker table games & activities



Join Somersworth Recreation, Somersworth Library, and Somersworth Farm to School for our first April Vacation Spring Fling! We'll be celebrating spring and Earth Day through a series of crafts, books, and activities designed to keep children engaged, having fun, and being creative. Come paint a flower pot and then watch Farm to School's demonstration on how to start a plant from seed. Take it home and watch it grow! Create a homemade bird feeder using recycled materials and take it home to attract birds at your house! We'll also have materials to make your own windsocks, parachutes, and paper airplanes. Take them for a flight outside! The Library will have Earth Day and spring themed books on hand as well as building kits and thinking games that allow children to pick and choose how they build and create.

RSVP Required by April 23rd

To RSVP please call the Recreation Office— 603-692-9507 or
Somersworth Library— 603-692-4587

2019 Somersworth Recreation Presents...

Easter Egg-Stravaganza Egg Hunt

Friday, April 19th

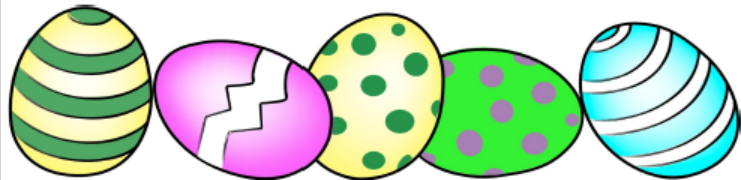
Hunt Begins at 4:30 p.m. sharp!

Millennium Park

Free!



Join the Easter Bunny for the City's annual Easter Egg Hunt at Millennium Park. Be sure to bring a basket or bag to help collect all the colorful and prize-filled plastic eggs. This event is rain or shine. Please note all children must be accompanied by an adult. Supplies are limited. Contact the Rec Office for more information— 603-692-9507



Somersworth Recreation Presents...

Kids Camp

Summer Program



Registration opens March 4 for residents / April 4 non-residents



Children going into grades K-5 (Kindergarten is Half Day only)

Monday– Friday; 8:30-4:00p.m.

Noble Pines Park



Session 1: June 24- July 19

NO Camp 7/4

Session 2: July 22- August 16

Join Somersworth Recreation for this active, outdoor, and exciting summer camp filled with fun activities. Activities include arts & crafts, games, swimming, special events, athletics, and more. Field trips are on Tuesdays and Thursdays to various NH State parks. The cost of camp includes breakfast, lunch, 2 weekly State Park trips, arts & crafts materials, & a camp T-Shirt. Registration packets are located in the Rec Office at City Hall or on our website. Contact the Rec Office with any questions– 603-692-9507

SPACE IS LIMITED, DON'T WAIT TO REGISTER!!

EARLY BIRD FEE:

Must Register & Pay by April 30th

Cost per session– 4 weeks

\$350 residents / \$450 non-residents

FULL 8-WEEK OPTION:

Must Register & Pay in Full by April 30th

*Non-refundable

\$600 / Residents only

HALF DAY CAMP:

Register by May 31st / Limited Spots

M,W,F; 8:30-12:00 p.m.

\$150 residents / \$200 non-residents

*Children going into Kindergarten are Half Day
Camp only

FEE:

After April 30th– register & pay by May 31st

Cost per session– 4 weeks

\$400 residents / \$500 non-residents

WEEKLY RATE:

Register by May 31st

No daily rate available

\$125 residents / \$150 non-residents

EXTENDED CARE OPTION:

\$100 per session / \$30 per week

Before Care Hours: 7:00-8:30 a.m.

After Care Hours: 4:00-5:30 p.m.

Registration Deadline is May 31st~

2019

Somersworth Recreation presents...

Granite State Track & Field

Children ages 9-14

**Must be ages 9-14 as of Dec. 31, 2019

Practices: May 13-June 12
Mondays & Wednesdays; 3:30-4:30 p.m.
Idlehurst School Track



*Registration opens March 4th for residents / March 18th non-residents

Early Bird Fee:

*Register & Pay by March 29th
\$25 Residents/
\$35 Non-residents

Fee:

Deadline to register is April 19th
\$40 Residents /
\$50 Non-residents



Regional Meet:

Saturday, June 15th
(All day, Location TBD)

State Meet:

Friday, June 28th @
Winnisquam High School Track
*For qualifying athletes only

Join Somersworth Recreation for this beginner Track and Field program designed to teach children the basic fundamentals of running, throwing, and jumping. Children will work on both short and long distance runs as well as the long jump and softball throw. This program is a great way for young athletes to stay in shape, develop new running skills, have fun outdoors, and have a chance to compete against athletes from other NH towns at the Regional Meet in June. The Meet is not required but we encourage athletes to sign-up as the meet offers a wonderful competitive experience. Those who qualify at the Regional Meet will be invited to participate in the State Meet. All athletic abilities are welcome in this program! Please contact the Rec Office for more information. 603-692-9508

Space is limited, don't wait to register!

2019 Somersworth Youth Athletics:

Soccer Programs:

Pee Wee Soccer- Ages 3-4
www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com

**ROSO Rec Soccer- Ages 5+
Rec & Travel**
www.rososoccerclub.com
Matt Caffelle, President
rososoccerclub@gmail.com

Football / Cheerleading Programs:

**Pee Wee Football- Ages 7-11 &
SORO Flag Football- Ages 5-13**
Jeremy Lambert, Coach 603-781-2716
calvin04@comcast.net

Somersworth Youth Football- Grades 7-8
John O'Brien- SYFLtoppers@yahoo.com

Pee Wee Cheerleading-
Melissa Lambert- calvin04@comcast.net

Basketball Programs:

Somersworth Recreation Basketball
Youth Recreation Basketball- Grades 1-6
Biddy Basketball- Ages 3-6

www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com

Granite State Track & Field Program:

Granite State Track and Field- Ages 9-14
www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor
kdavenport@somersworth.com

Somersworth Recreation

Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com
Youth programs, special events, field use, parks, &
volunteer opportunities
www.somersworth.com

Softball Programs:

SBR Girls Softball League- Ages 4-16
www.sbrfastpitch.com
Charlene DiBenedetto, Acting President
SBRFastPitch@gmail.com

Baseball Programs:

Somersworth Little League- Ages 4-12
www.somersworthbaseball.com
Michael Boehm, President 515-450-7360
michael.boehm42@gmail.com

Somersworth Babe Ruth- Ages 13-15
Dave Witham, President 603-496-0444
onmax2@comcast.net

Somersworth Lions Youth Hockey

Ages 5+ (boys & girls)
somersworthnhlions.org
Peter Houde, President 603-834-3420
SomersworthLionsClub@gmail.com /

Somersworth Athletic Association:

Please contact the Somersworth Athletic Association for questions regarding youth sports financial assistance or to learn how your organization can fundraise for upcoming events.

Somersworth Athletic Association- All ages
Dave Nagy, President 978-302-9093
somersworthathleticassociation@comcast.net

Middle School Athletic Programs:

Middle School Athletics- Grades 6-8
Kaley Waterman, Athletic Director 603-692-2126
kkwaterman@SAU56.org

Athletic Programs offered: Fall- Soccer, Volleyball /
Winter- Basketball/ Spring- Track & Field, Baseball

High School Athletic Programs:

High School Athletics- Grades 9-12
Steve Hodsdon, Athletic Director 603-692-2431
shodsdon@SAU56.org
Athletic Programs offered: Fall- Soccer, Football, Volleyball, Field Hockey/ Winter- Basketball, Ice Hockey /
Spring- Track & Field, Baseball, Softball
*Please check with the A.D. about Varsity, JV, Freshman teams (all programs are based on participation #'s)

What's Happening at the Library?



National Library Week is April 7 - 13th. We will be raising our Flag with the National Library Symbol at Citizen's Place on Monday April 8 at 5:00 p.m.

Feel free to stop by and join us!



April Vacation Spring Fling at the Library
Thursday, April 25 from 11:30 a.m. - 1:00 p.m.
FREE!

Join us for a Spring Fling for elementary age children at the Library where the Recreation Department will be offering three different crafts celebrating Earth Day and the Library will have our Tinker Tables with building kits and fun thinking games.

RSVP is required - please stop by or call:
Library 692-4587 or Recreation 692-8507

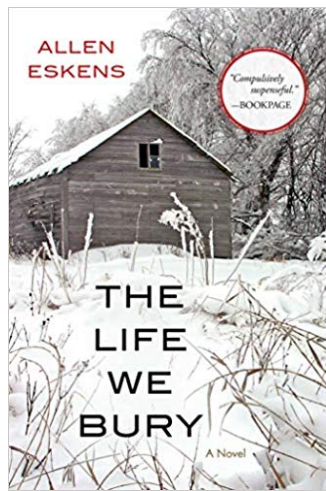


Want to add something new to your 2019 Resolutions? Plan to join the Somersworth Library Book Club...

The Library book discussion group meets monthly on the fourth Wednesday at 6:00 p.m. We read a variety of book selections throughout the year.

Each month we get together to have a fun and interesting discussion on that book.

What Somersworth is Reading in April
(Wednesday April 24)



"Life we Bury"

by Allen Eskens

A USA Today bestseller and book club favorite! College student Joe Talbert has the modest goal of completing a writing assignment for an English class.

His task is to interview a stranger and write a brief biography of the person. With deadlines looming, Joe heads to a nearby nursing home to find a willing subject. There he meets Carl Iverson, and soon nothing in Joe's life is ever the same. Carl is a dying Vietnam veteran--and a convicted murderer. With only a few months to live, he has been medically paroled to a nursing home, after spending thirty years in prison for the crimes of rape and murder. As Joe writes about Carl's life, especially Carl's valor in Vietnam, he cannot reconcile the heroism of the soldier with the despicable acts of the convict. Joe, along with his skeptical female neighbor, throws himself into uncovering the truth, but he is hamstrung in his efforts by having to deal with his dangerously dysfunctional mother, the guilt of leaving his autistic brother vulnerable, and a haunting childhood memory. Thread by thread, Joe unravels the tapestry of Carl's conviction. But as he and Lila dig deeper into the circumstances of the crime, the stakes grow higher. Will Joe discover the truth before it's too late to escape the fallout?

Story Times are offered on Thursdays at 6:00 p.m. and Fridays at 10:00 a.m. All ages are welcomed for Stories and Crafts.



Enjoy our Free or Reduced Admission Museum Passes! Call us today to reserve a date for any of the following museums - available to any Somersworth Residents:

Children's Museum of Dover
Strawbery Banke - Portsmouth
Seacoast Science Center - Rye
Museum of Science - Boston
New England Aquarium - Boston

The Library now has a Facebook page! We will gradually be adding news, programs and photos, so 'Like' and follow "Somersworth Library" today so you're one of the first to know about all the new things that will be going on!



Ready Set Grow!

This school year, all Somersworth Schools have participated in Harvest of the Month tastings during lunch periods, where Cafe Services prepares a tasty sample of the featured vegetable available for all kids and staff to try. In March, Maple Wood and Idlehurst teachers participated in a NH Harvest of the Month training, to better learn how to implement Harvest of the Month curriculum into their classrooms. New Hampshire Harvest of the Month is a program run by New Hampshire Farm to School, with stated goals of promoting seasonal eating, encouraging healthy diets and supporting the local economy.

The calendar is based on seasonality of crops in the state and region. Lessons from New Hampshire Harvest of the Month are a fun way for kindergarten through

fourth grade classrooms to explore, taste, and learn about eating more fruits and vegetables every day. Big thank you to Stacey Purslow from NHFTS for conducting the training, Maple Wood teacher Emily Grohs for facilitating and promoting the training, and to all the staff who attended and are committed to promoting healthy eating and agricultural themed lessons in our schools. Looks like a lot of fun..... *Delicious too!*



From left to right: Maple Wood Staff, Pam Sullivan & Jen Landry

If you'd like to learn more about Farm to School projects happening in Somersworth, and ways to get involved, contact Wendy at wberkeley@sau56.org.

**First Responders Appreciation Day
At Somersworth Historical Society & Museum
Sunday, May 5**

The Summersworth Historical Society and Museum will be holding a first responders appreciation day Sunday, May 5 from 12:30 to 3:30 at the Summersworth Historical Museum located at 157 Main St., Somersworth directly across from the former GE building. Please join us in showing your appreciation for our local Police, Fire and Ambulance Responders. There will be special displays set up for the day, refreshments will be available and as always admission is free



Falls Chamber Seeks Awards Nominees

The Falls Chamber is seeking nominations for its Annual Gala in May. Members of the public are invited to vote on Business of the Year, Citizen of the Year, Non-Profit of the Year and Educator of the Year.

- **Business of the Year** will be awarded to a company or professional firm that best demonstrates leadership within the general and business community, generosity relative to community relations and corporate

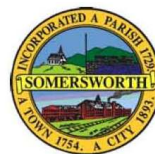
giving, and sound business ethics.

- **Citizen of the Year** will be awarded to one who best contributes to the general benefit of the community as a whole in civic affairs, church, education, youth sports and activities, or any other non-profit involvement that affects the community.
- **Non-Profit of the Year** will be awarded to an organization that best demonstrates leadership within the community and generosity relative to community relations.
- **Educator of the Year** will recognize a full-time educator in grades K-12 in the public school systems of Somersworth, Rollinsford or Maine communities of Berwick, South Berwick and North Berwick, who has daily contact with students and inspires them to learn and achieve.

[Click here](#) for for Nominations Forms.
Or, more information contact the Falls Chamber at 692-4501.

**Quality Service, Quality Schools
Quality Somersworth
Vision 2020**

"We Believe in Somersworth"



Proud Past, Bright Future