

July Meetings in Council Chambers

**CITY HALL is CLOSED
THURSDAY JULY 4 for the HOLIDAY**

City Council Meetings

Please note in the month of July and August
there is only 1 Council these months.

Next Council Meeting is:
Monday July 1 at 7:00 p.m.

Note: Agendas are available the Friday before
a Council Meeting on our [Website](#)

Site Review Technical Committee

Tuesday, July 2 at 10:30 a.m.
Wednesday, July 10 at 10:30 a.m.

Conservation Commission

Wednesday, July 10 at 7:00 p.m.

Planning Board

Wednesday, July 17 at 6:30 p.m.

Historic District Commission

Wednesday, July 24 at 7:00 p.m.

Traffic Safety Committee

Wednesday, July 17 at 2:00 p.m.

Please note meeting Calendar is subject to
change.

To view Agendas of City Council meetings
please visit City website
www.somersworth.com/calendar/



The Mayor's Corner

Graduation Speech - Class of 2019

We are all born innocent, pure, infused only with hopes and dreams. Our soul is ingrained with a structure of truth, acceptance and love. As we begin our journey in life, with each step we take, we are tested.

The mission of the K-12 journey of the public education system encompasses more than the mastery of the foundational elements of knowledge; Math, Science, Language, Social Studies, Arts and Trades. It is the societal hope that the mission our founders began on that hot summer day in Philadelphia on July 4, 1776 will continue.

That the thirst for human liberty will be quenched for all, and that with the passing of each generation we will come closer to the creed and doctrine of God given and claimed Inalienable rights for all.

[Read more....](#)

We are a community! We are achieving progress and greatness!

WE ARE SOMERSWORTH!

Mayor Dana Hilliard

***Have a Safe July 4
from Mayor Hilliard***

For 243 years, our nation has been the beacon of hope for all those yearning to live free. The dream of America is a dream based upon the fundamental equalities of humanity: life, liberty, justice, equality and the pursuit of happiness.

We began our journey announcing to the world the creed of our destiny, and for the first time in human history creating the foundation of governing by those who are governed.

Our path will continue to be challenged by obstacles, but with the guiding light of liberty, and the same divine breath which blew life into our nation, we still continue our march. We march, from shattering the chains of slavery to enabling the voices of suffrage from Seneca Falls. We march, from the bridge in Selma to the streets outside of Stonewall, where citizens united with one voice, hand in hand, arms linked, standing determined to become the America we dedicated ourselves to become on July 4th, 1776.

Our American journey is still in its adolescence, with all of the joys, hopes, pains and disappointments of growth. With each year we mature, and inch closer to the height of our greatness.

**City of Somersworth
City Hall
One Government Way
Somersworth, NH 03878
(603) 692-9555**

**City Hall Hours:
Monday - Friday
8:00 a.m. - 4:30 p.m.**

**Wednesday
City Hall is open until
6:00 p.m.**



Stay in touch with City Happenings.

- Business Email List
- City e-Newsletter
- Recreation Department

[Join our mailing list](#)

For a complete list of all upcoming meetings visit
the [City calendar](#)

**Missed the Meeting...
Catch it again online.**

Don't forget: If you missed the Live City Council, Planning Board, Zoning Board of Adjustment, Historic District Commission and School Board on Channel 22. Catch it again online and on demand.

Simply visit
<https://www.somersworth.com/home/pages/watch-somersworth-city-hall-online>
to begin watching meetings on demand.

For 243 years, we have continued to move in the forward direction, and toward the full implementation of our promise to all who embrace equality and democratic ideals. As we celebrate our birthday, let us take time to pause and observe how far we have ventured toward our goal, and with our keen sight, let us also keep in perspective the journey which still lays ahead.

Happy 243rd birthday America; may God forever continue to illuminate your torch of liberty, freedom, justice, equality and hope.

Mayoral Summer Office Hours

Wednesday: 4:00 p.m. - 6:00 p.m.

People are welcomed to stop by during this time. Or, if you prefer, you can make an appointment by calling Brenda at 692-9503 or email [Brenda](#).

From the City Manager's Office



[City Manager Reports - Click here to view](#)

2019 MUNICIPAL ELECTION INFORMATION

Election Day November 5, 2019

Anyone interested in running for the following positions must file a Declaration of Candidacy at the City Clerk's office during the filing period - **September 11-26, 2019.**

- Mayor
- City Council (Wards 1-5 and At Large)
- School Board (Wards 1-5 and At Large)
- Election Officials
 - Moderator (Wards 1-5)
 - Ward Clerk (Wards 1-5)
 - Selectman (Wards 1-5)

Election Officials Needed in all Wards For the November 5, 2019 Municipal Election

Want to get involved in your Community?
Interested in the Election process?
Short term, one day Commitment.
We will train you, provide lunch and a stipend.

Contact the City Clerk at 603-692-9555
tharris@somersworth.com

Fun Happenings at Somersworth Police



POLICE • COMMUNITY PARTNERSHIPS



Tuesday, August 6th
Jules Bisson Park
5:30 - 7:30pm



Free Meal ★ Games ★ Resources ★ Music
★ Fire, Police and EMS Emergency Vehicles ★
★ Community Organizations ★ Prizes ★
Family Fun ★ And More! ★ Completely Free!



Bring your family to the National Night Out that is sponsored by Somersworth Police and Somersworth Prevention Coalition.

National Night Out is a community event to promote community awareness in crime prevention partnerships. There will be FREE family activities and prizes!

Summer Pet Safety

It takes only minutes for a pet left in a vehicle on a warm day to succumb to heatstroke and suffocation. Most people don't realize how hot it can get in a parked car on a balmy day. However, on a 78 degree day, temperatures in a car parked in the shade can exceed 90 degrees -- and hit a scorching 160 degrees if parked in the sun!

Even when the outside air temperature is in the 60s, temperatures inside some vehicles can reach the danger zone on bright, sunny days. So many experts recommend not leaving pets or children in parked cars even for short periods if the temperature is in the 60's or higher.

Rolling down a window or parking in the shade doesn't guarantee protection either, since temperatures can still climb into the danger zone. And if the window is rolled down sufficiently, the pet can escape. Animals are not able to sweat like humans do. Dogs cool themselves by panting and by sweating through their paws. If they have only overheated air to breathe, animals can collapse, suffer brain damage and possibly die of heatstroke. Just 15 minutes can be enough for an animal's body temperature to climb from a normal 102.5 to deadly levels that will damage the nervous and cardiovascular systems, often leaving the animal comatose, dehydrated and at risk of permanent impairment or death.

Leave your Dog Home on Warm Days!

FREE A.L.I.C.E. Training for Businesses

We are offering FREE Active Shooter Training for any business in Somersworth. ALICE stands for Alert-Lockdown-Inform-Counter-Evacuate. Contact Chief Kretschmar at dkretschmar@somersworth.com for more information.

Somersworth Police Facebook Page

Check out Somersworth Police Department's Facebook page. We use this to inform you about important community information including crime information, road closures, snow emergencies/ parking bans, and community events. Here is the link:

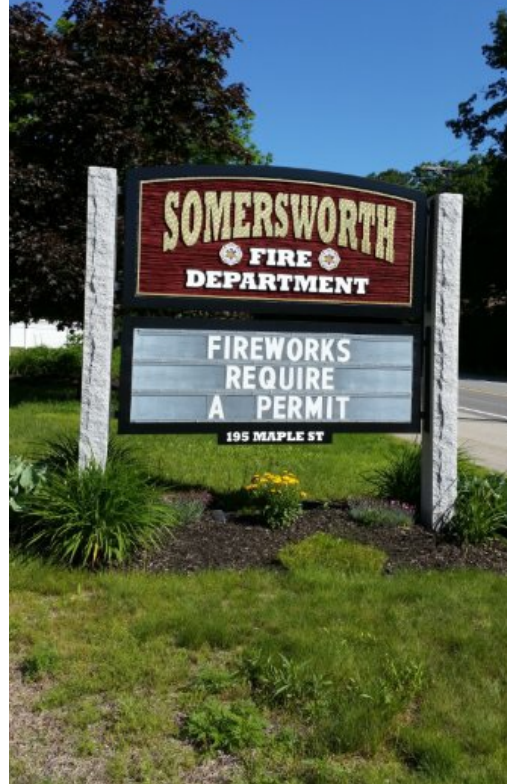
<https://www.facebook.com/SomersworthPoliceDepartment/>

We send out Nixle alerts for parking bans and other important information to cell phones and emails. You can sign up for free Nixle at www.Nixle.com



Somersworth Crime Line:
You can leave anonymous information at 692-9111





**From your Local Fire Department
692-3457**

**Celebrate Safely to Avoid Serious Fireworks Injuries
on July 4 and Throughout the Summer**

Many of us enjoy a great fireworks show as we commemorate America's independence and enjoy summertime festivities in our great state. We are fortunate that many communities sponsor fireworks displays around the 4

th of July, which have been vetted for safety by local and state officials. With several licensed retail stores in the state that also sell consumer fireworks to residents and visitors, the NH State Fire Marshal's Office wants to share some tips for enjoying consumer fireworks responsibly, legally, and avoiding accidental injuries and property damage.

Celebrate Safely by using the "three Bs"

Be Prepared before lighting fireworks

- Purchase only those fireworks allowed by NH law, available at licensed retail stores
- Purchase **ONLY** the quantity you will use (otherwise, storing explosives at home increases the risk of unintentional detonation)
- Only display fireworks on property you own, or with written permission from the landowner
- Contact your local fire dept. to check the fire weather conditions in your community, as consumer fireworks can easily ignite dry vegetation and grass
- Place a water hose or fire extinguisher nearby in case of unanticipated fire
- Use a level surface, away from things that can burn or easily ignite
- Call 9-1-1 immediately in the event of a fire or medical emergency!

Be Safe when lighting fireworks

- Adults 21 years or older are the only ones allowed to buy or use fireworks according to state law. Any local restrictions that towns have adopted must be followed as well. Check our website for a list of community restrictions that may apply to you (www.nh.gov/firesafety), or call your town hall or fire department
- Always wear eye and hearing protection, and gloves
- Always read and follow the safety directions provided on each device or package and ask the store for additional information
- Light only one device at a time and move away quickly
- Keep all spectators at a safe distance
- Only display outdoors
- Be considerate of neighbors, family pets and the environment. You can be held liable for damages to another's property

Be Responsible when finished

- Clean up all debris when you are done
- Devices that do not fire or discharge once they are lit are very dangerous; if this happens, stay away for at least 15 minutes, then fill it with water or place it in a bucket of water
- Ensure that all unused fireworks, matches and lighters are secured and out of reach of children

According to the National Fire Protection Association (NFPA), on Independence Day in a typical year, more fires are reported across the country than any other day, and fireworks account for half of those fires.

A reminder to residents that fireworks are explosive devices that can be deadly if they malfunction or are not handled appropriately. "It is extremely important to follow manufacturer instructions and to purchase from licensed retail stores to make sure you're getting legal consumer fireworks, which are regulated by the Consumer Products Safety Commission to meet federal standards for safety. These devices have been tested by third-party agencies and have warning and safety information attached; which is important because it makes the consumer aware of the dangers involved."

To learn more about a community fireworks contact your the Fire department for available dates and times at 692-3457.

For a list of community restrictions, please visit the Permissible Consumer Fireworks section of our website at <https://www.nh.gov/safety/divisions/firesafety/special-operations/fireworks/documents/fireworks-community-restrictions-list.pdf>

Please, "**Be Prepared,**" "**Be Safe,**" and "**Be Responsible**" when using Permissible Consumer Fireworks, and celebrate safety this 4th of July.

Information from Public Works 692-4266

PLEASE Note: Trash Schedule will remain the same for the July 4 Holiday

Community Gardens at Malley Farm

Community Gardeners have been active at the Community Garden at Malley Farm during this growing season. Garden stewards report that there are currently five (5) garden plots available for volunteers to adopt this season. If you are interested in reserving one the plots which range from 50 sq feet to 100 sq feet in size, please contact the Department of Public Works at 603-692-4266 and request an application and agreement packet.





City Plants a Tree at Ash Street Park in Recognition of Arbor Day

The Department of Public Works was assisted by Community Foresters from the State Division of Natural Resources in the planting of a Tulip Poplar Tree on June 13. The Division donated the tree to the City and Highway Division personnel arrange to plant the tree at Ash Street park . The tree planting is part of our recognition of National Arbor Day and consistent with the City's Tree City USA status.

City Trash Bag Price as of July 1, 2019

Residents will see a slight increase in the cost of the Blue City trash bags on July 1, 2019. The large 30 gallon bags will cost \$20.00 per roll, and the small 15 gallon bags will cost \$14.50 per roll.

Fun Times Happening in Recreation

Congratulations to Somersworth "Granite State Track and Field" Winners!!



Somersworth Recreation Presents...

Pee Wee Soccer

Children ages 3 & 4

Saturday mornings at Noble Pines Park

9:00-9:45 a.m.

September 7th- October 19th

(No Soccer 10/5)



Join us for this exciting 6-week beginner program that is designed to teach players the basic soccer skills through fun games and friendly scrimmages. Parent participation is required for this age group. Now seeking parent volunteers to coach. We can't run this program without your help! Please reach out to the Rec Office if you can help coach this season, no experience necessary. Registration forms are on our website and in the Rec Office. For more information contact the Rec Office— 603-692-9507

Early Bird Fee

\$45 Residents /

\$55 Non-Residents

Register & Pay by July 19th

Fee

\$60 Residents /

\$70 Non-Residents

After July 19th

Registration Deadline is August 20th

2019 Somersworth Youth Athletics:

Soccer Programs:



Pee Wee Soccer- Ages 3-4
www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com

ROSO Rec Soccer- Ages 5+
Rec & Travel
www.rososoccerclub.com
Matt Caffelle, President
rososoccerclub@gmail.com

Softball Programs:



SBR Girls Softball League- Ages 4-16
www.sbrfastpitch.com
Charlene DiBenedetto, Acting President
SBRFastPitch@gmail.com

Baseball Programs:



Somersworth Little League- Ages 4-12
www.somersworthbaseball.com
Michael Boehm, President 515-450-7360
michael.boehm42@gmail.com

Somersworth Babe Ruth- Ages 13-15
Dave Witham, Vice President 603-496-0444
onmax2@comcast.net

Football / Cheerleading Programs:



Pee Wee Football- Ages 7-11 & SORO Flag Football- Ages 5-13
Jeremy Lambert, Coach 603-781-2716
calvin04@comcast.net

Somersworth Youth Football- Grades 7-8
John O'Brien- SYFLtoppers@yahoo.com

Pee Wee Cheerleading-
Melissa Lambert- calvin04@comcast.net

Somersworth Lions Youth Hockey



Ages 5+ (boys & girls)
somersworthnhlions.org
Peter Houde, President 603-834-3420
SomersworthLionsClub@gmail.com /

Basketball Programs:



Somersworth Recreation Basketball
Youth Recreation Basketball- Grades 1-6
Biddy Basketball- Ages 3-6

www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com

Granite State Track & Field Program:



Granite State Track and Field- Ages 9-14
www.somersworth.com
Somersworth Recreation
Kristen Davenport, Rec Supervisor
kdavenport@somersworth.com

Somersworth Athletic Association:



Please contact the Somersworth Athletic Association for questions regarding youth sports financial assistance or to learn how your organization can fundraise for upcoming events.

Somersworth Athletic Association- All ages
Dave Nagy, President 978-302-9093
somersworthathleticassociation@comcast.net

Middle School Athletic Programs:



Middle School Athletics- Grades 6-8
Kaley Waterman, Athletic Director 603-692-2126
kkwaterman@SAU56.org

Athletic Programs offered: Fall- Soccer, Volleyball / Winter- Basketball/ Spring- Track & Field, Baseball

Somersworth Recreation



Kristen Davenport, Rec Supervisor 603-692-9508
kdavenport@somersworth.com
Youth programs, special events, field use, parks, & volunteer opportunities
www.somersworth.com

High School Athletic Programs:



High School Athletics- Grades 9-12
Steve Hodsdon, Athletic Director 603-692-2431
shodsdon@SAU56.org

Athletic Programs offered: Fall- Soccer, Football, Volleyball, Field Hockey/ Winter- Basketball, Ice Hockey / Spring- Track & Field, Baseball, Softball

*Please check with the A.D. about Varsity, JV, Freshman teams (all programs are based on participation #'s)



Summer Reading has Begun!!
Still time to sign up and join us for some fun crafts!



LEGO Your Imagination – At The Somersworth Public Library!

Summer Reading Program

- Sign up at the Library to participate - runs June 21st - August 9th.
- For every 15 minutes you read or are read to, put a sticker on your reading log.
 - Bring your reading log to the library, share your minutes and get a fun reward! Up to one reward per week.
 - Bonus - For every hour of reading you get an entry for a special gift bag giveaway at the end of the summer reading program.

Enjoy Fun Programs, Too!!

All Programs held from 1:00 - 2:30 on date listed.
Come any time during those hours. Any age welcome.
No sign up needed, but it's while supplies last.



Monster Bash

Wednesday June 26

Come create your own
Monster - one you won't
want hidden under the bed!

Fun Print Magnets

Wednesday July 10

Create pictures with your
own fingerprints - and
make them into magnets!



Tinker Tables
Create - with building,
drawing and thinking games!



Tinker Table Days
Wednesday June 19 &
Wednesday July 17



Beachy Treats
Wednesday July 24
Create your own
beach picture - with
all things edible!

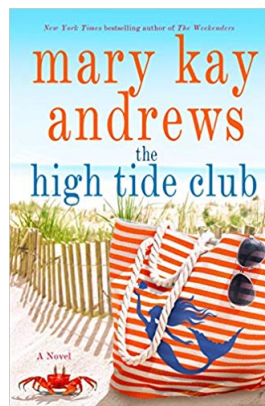
Pom-Pom Cupcakes
Wednesday July 31
Make so-cute-you'll-want-
to-eat them Cupcakes -
out of Pom-Poms!



Come Have an End of Summer Reading Ice Cream Treat!!
Friday August 9th

Somersworth Public Library
25 Main Street, Somersworth NH 03878
603-692-4587
Hours: Tues - Thurs 11-7; Fri 9-5; Sat 9-1

What Somersworth is Reading in July (Wednesday July 24)



"High Tide Club"

by Mary Kay Andrews

Eccentric heiress Josephine Warrick is a notorious recluse - reigning over a crumbling pink mansion on a private island, she is rarely seen but often whispered about. So when Brooke Trappnell, a struggling young lawyer, is summoned to the island, she has no idea what's in store. As she listens to Josephine recount a story of old friendship, dark secrets, and a mysterious murder, it becomes clear that Brooke is there for two reasons: to help protect Josephine's beloved island, and to make amends with her old friends, the skinny-dipping, secret-keeping girls of the The High Tide Club.

To fulfill a dying woman's last wish, Brooke must track down the descendants of Josephine's closest friends and bring them together for a reunion of women who've never actually met. But in doing so, Brooke uncovers a scandal that could make someone rich beyond their wildest dreams...or cause them to be in the crosshairs of a murderer.

The High Tide Club is Mary Kay Andrews at her very best - a compelling story steeped in mystery, fierce friendship, love lost and possibly...love found.



Ways to Save at the



New England Aquarium in Boston Discount Passes now available for July and August!

Our regular aquarium passes do not cover the summer, so **Thank you** to the New England Aquarium for sending us complimentary passes to share with Somersworth residents! Passes are good for 4 people with a 50% discount per person off of admission. Passes are good for 1 day on a specific date, so call the Library to sign up and reserve the date you wish to go.



If you have children under the age of 13,
Please take our 1 minute survey!!
We would like to know the best times to offer programs for kids.
Please help us to keep improving our programs.!
<https://www.surveymonkey.com/r/L5V3ZW9>

Do you have items that are overdue and you're worried about owing fines? Every month we have a **Fine Free Friday**. On the First Friday of the month return any overdue items and you won't owe a thing, no matter how long you have had the item!!



Library Summer Hours

Starting June 1st through the end of August our Saturday hours will be 9:00 a.m. - 1:00 p.m.
All other hours will remain the same.

The Library now has a Facebook page! We will gradually be adding news, programs and photos, so 'Like' and follow "Somersworth Library" today so you're one of the first to know about all the new things that will be going on!



**Summer Concert Series at Furber Chapel
Sunday, July 28 at 2:00 p.m.**



Three of Us

The Three of Us are Pat Boyle, Gerry Corr, Pat O'Brien and are former members of the highly popular Irish Band, An Banna Ceoil who played throughout the seacoast and beyond for 10 Years.

Three of Us was formed in 2018 and deliver Songs, Tunes and Stories that stem from their own Irish and Scottish roots and mix in some original songs by Pat O'Brien. Pat Boyle sings, plays Tin Whistle and Pipes - Originally from Dover NH now a resident of Somersworth NH - Parents from Armagh, N.Ireland and Glasgow Scotland.

Gerry Corr, sings, plays Mandolin and Mandola - originally from Belfast N Ireland - now a resident in Somersworth NH - parents from Antrim Ireland. Pat O'Brien sings, plays guitar and 5 string Banjo. Originally from Boston Ma., now a resident in Rochester NH. - Parents from Leitrim Ireland and Antrim N Ireland.

Please Join us for this Free Concert!



The City of Somersworth Cemetery Trustees would like to send a big
THANK YOU to Stacey Giles-Dion Franchise Owner of the Taco Bell /Kentucky

Thank you to Stacy and Don Hanson Owner of the Pace Donut Shop for Fried Chicken for the great job at bringing the Cemetery on their property back to its original look.

The Cemetery Trustees Need You!



The Cemetery Trustees are having a workshop on headstone cleaning and straightening. Sponsored by the Trustees of Forest Glade Cemetery and the New Hampshire Old Graveyard Association. Workshop meets at the Furber Chapel on July 13 from 9:30 a.m. to 12:00 p.m.

Please bring work gloves, bug spray and your enthusiasm to learn more about this Subject and what the Trustees do. For more information contact Maggiein03878@comcast.net

Mobile Farmers Market Tuesdays 5:00 p.m. - 6:30 p.m.



You SNAP,
We Match!



Somersworth Housing

Bartlett Ave.

Tuesdays

5:00pm-6:30pm

SNAP
shoppers
get 50% off
produce with



SAMM accepts cash, debit, credit, and SNAP/EBT

Seacoast Eat Local connects people with sources of locally grown foods and advocates eating locally for the health of our environment, community, culture and economy. Through programs, advocacy and education, we work toward a thriving local food system that improves the profitability and sustainability of local farmers and is accessible to all.

**For more info contact: celeste@seacoateatlocal.org
www.seacoateatlocal.org**

New Hampshire's Farmer's Market



Granite State Market Match

You can get up to \$10 FREE
to buy fresh fruits and
vegetables when you shop
with your SNAP/EBT card at
Farmers' Markets in NH!

Shop at these Farmers' Markets with your SNAP/EBT card:

Mondays

Durham Farmers' Market - Sammy's Lot/Store 24, 2:15-6:00

Tuesdays

Farmers' Market of Keene - Gilbo Ave, across from Lindy's Diner, 4:00-7:00

Franklin Farmers' Market - Marceau, Central St, 3:00-6:00

Rochester Farmers' Market - Rochester Common, 3:00-6:00

Wednesdays

Dover Farmers' Market (Wed) - 550 Central Ave, 2:15-6:00

Jaffrey Farmers' Market - Main St. Commons, 4:00-7:00

Thursdays

Exeter Farmers' Market - Swasey Pkwy, 2:15-6:00

Gorham Farmers' Market - 69 Main St, 3:00-6:00

Lebanon Farmers Market - Colburn Park, 4:00-7:00

Manchester Farmers' Market - Victory Park, 3:00-6:00

Fridays

Newport Farmers' Market - The Common, 3:00-6:00

Saturdays

Barnstead Farmers' Market - 96 Maple St, 9:00-12:00

Concord Farmers' Market - Capitol St, 8:30-12:00

Contoocook Farmers' Market - Riverway Park, 896 Main St, 9:00-12:00

Farmers' Market of Keene - Gilbo Ave, across from Lindy's Diner, 9:00-1:00

Laconia Farmers' Market - Beacon St East, 8:30-12:00

Lancaster Farmers' Market - Centennial Park, 9:00-12:00

Portsmouth Farmers' Market - 1 Junkins Ave, 8:00-1:00

Tamworth Farmers' Market - 30 Tamworth Rd (Rt 113), 9:00-1:00

Wilmot Farmers' Market - 9 Keararge Valley Rd., 9:00-12:00

Winchester Farmers Market - Winchester Town Hall - 1 Richmond Rd, 10:00-2:00

Sundays

Dover Farmers' Market (Sun) - Henry Law Park, 10:00-2:00

Hinsdale Farmers' Market - Main St - Green Space, 10:00-2:00



**Use Double Up Food Bucks To Get
50% Off Fresh Fruits & Veggies at
participating grocery stores**

Double Up Food Bucks – A Fair Food Network Program

FIND A STORE NEAR YOU

BERLIN

Berlin Marketplace 19 Pleasant St

CENTER HARBOR

Em Heath Supermarket 12 Main St C

COLEBROOK

Laperle's IGA N Main St

HANOVER

Co-Op Food Store 45 S Park St

KEENE

Monadnock Food Co-Op 34 Cypress St

LACONIA

Vista Foods 376 S Main St

LANCASTER

Root Seller Marketplace 77 Main St

LEBANON

Co-Op Food Store 12 Centerra Pkwy

NEWMARKET

Newberry Farms Market 66 Main St

NORTH CONWAY

The Local Grocer 3358 White Mtn Hwy

SANBORNVILLE

Lovell Lake Food Center 66 Meadow S

SOMERSWORTH

Fiddlehead Farms Marketplace 451 High St

SUNCOOK

Sully's Superette 39 Allenstown Rd

WHITE RIVER JUNCTION

Co-Op Food Store 209 Maple St

Have questions? DoubleUpNH.org | 866.586.2796



Published May 2019.
Program is ongoing



Ready Set Grow!

Fun Times at Somersworth Farm to School!

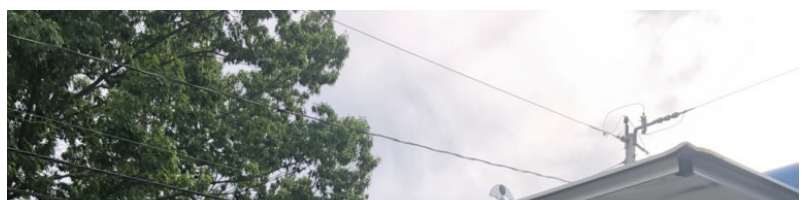
On June 4, Maple Wood Elementary School third-graders conducted a school waste audit, known as Trash On the Lawn Day (TOLD). Educators Sarah McGraw, Julia Le May and Gwen Erley from NRRA's School Recycling CLUB, trained 120 students how to identify and pull recyclables from a sampling of typical school trash.

Outfitted with recyclable gloves, each group of students was given several bags of trash which were weighed, sorted into bins, then weighed again. When sorting was completed the students had a visual and quantifiable record of how much of their "trash" could have been diverted from the landfill. While the school has a successful food waste program through Mr. Fox Composting, and a good recycling program, the students still saw opportunities to improve their efforts. They also found a cafeteria tray, headsets and some batteries, prompting a discussion of battery recycling and safety. The students asked lots of questions and learned that diverting recyclables and reducing food waste saves energy, natural resources and landfill space. Classes from other grades came out to observe throughout the day, including a group from the high school. Special guest observers/participants from the Somersworth School Board included Mark Richardson and Maggie Larson.

Many thanks to Fourth Grade Teacher Emily Grohs for her tremendous support in spear-heading this event, and to the class teachers who helped to maintain order and reinforce the recycling lessons. Additional thanks to Wendy Berkeley, the Somersworth Farm to School Coordinator, who was instrumental in securing funding for this program and provided her expertise throughout the day. Special thanks to Facilities Director Karl Ingoldsby and Custodian Gloria Morin, who provided invaluable assistance with logistics. This event would not have been possible without the support of Principal Devin McNelly who authorized this all-day educational event. This event was free to the school thanks to funding provided by the Somersworth Farm to School program, along with a generous grant from New Hampshire the Beautiful.

Have Food, Will Travel

Another local food option has arrived in Somersworth. Every Tuesday through September, the Seacoast Are Mobile Market (**SAMM**) **Van** will make a stop on Bartlett Ave. between Somersworth Early Learning Center and the Housing Authority from 5-6:30pm. Filled with locally farmed produce, meats, maple syrup, honey and more, SAMM travels the seacoast area, supporting our neighboring farms by selling their harvests in our local communities.





This year SAMM is partnering with our SYC Plant for Growth and our school gardens, purchasing their produce to help stock the van. SAMM accepts cash, credit, and SNAP benefits, so add Tuesday nights at SAMM to your calendar, pay a visit for fresh, delicious, local food, and support our schools and our local economy.

If you'd like to learn more about Farm to School projects happening in Somersworth, and ways to get involved, contact Wendy at wberkeley@sau56.org.

Eat Well all, and have a Terrific Summer!



**City Hall will be Closed on Thursday July 4 for the Holiday.
Please be Safe!**

**Quality Service, Quality Schools
Quality Somersworth
Vision 2020**

"We Believe in Somersworth"



Proud Past, Bright Future