



City of Somersworth

Fire Department

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PRESS RELEASE

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HURRICANE/HIGH WIND PREPAREDNESS

Each year, Somersworth is affected by high winds from storms, whether inland or out at sea. The following information comes from New Hampshire Homeland Security. More information can be obtained at www.nh.gov/ReadyNH.

Everyone should have a Family Emergency Plan. This would include important telephone numbers, family member's names, DOB, social security numbers, medical issues, insurance policy numbers, evacuation places, vet information for your pets, and out-of-town emergency contacts for you.

You should construct a Basic Disaster Supplies Kit which should include: 3 gallons of water (for 3 days): non-perishable food for 3 days: battery-powered radio: flashlight and extra batteries: First Aid Kit: whistle to signal for help: dust masks for filtering contaminated air: moist towelettes: garbage bags: wrench/pliers to turn off utilities: manual can opener for food: local maps: cell phone with solar charger or car charger.

A more advanced kit can include: prescription meds and glasses: infant formula and diapers: pet food and extra water for pets: cash or traveler's checks: important family documents (in water-proof container): sleeping bag and extra blankets per person: complete change of clothing per person: chlorine bleach: fire extinguisher: matches in a waterproof container: feminine supplies: mess kits, paper plates and cups, paper towels and plastic utensils: paper and pens: books, games and puzzles for kids.

These kits should be in plastic totes, clean garbage cans or heavy duty garbage bags (triple or quadruple bagged). They must be located where your family will evacuate to in the event of an emergency. They must be inspected regularly to be certain the batteries and food is OK and that the supplies are ready at a moment's notice.

Inside your car should be another Disaster Supplies Kit containing: jumper cables: flashlight and extra batteries: First Aid Kit: Food such as energy bars, nuts, etc.: water: portable radio and batteries: shovel: change of clothes: blankets: ice scraper (cold weather): flares: full gas tank.