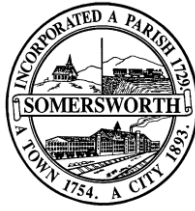


SOMERSWORTH, NEW HAMPSHIRE

City of Somersworth
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Somersworth, NH 03878



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the **HILLTOP MENTAL HEALTH AND WELLNESS COMMISSION**

Wednesday, May 18, 2022 at 6:00 p.m.
at the Somersworth High School Library
11 Memorial Drive, Somersworth, N.H.

MINUTES

Attendees: Suzanne Weete, City Councilor Don Austin, School Board Member/Commission Chair Todd Marsh, Chief Tim McLin, Ashley Wright, School Board Chair Maggie Larson, Mayor Hilliard

1. Call to Order
 - Todd calls at 6:07
2. Approval of Minutes, April 20, 2022
 - Don Austin moves to approve
 - Maggie Larson seconds
 - All in favor
3. Chair Reading of Commission Mission
 - *Purpose: To maximize focus & minimize mission creep*
4. Welcome by Chair
5. Discussion and Activities (Meeting Facilitators)
 - A.) Community Mental Health and Wellness Summit Planning
 1. Location Update: *American Legion is confirmed for Wednesday June 29th from 4-7pm*
 - ii. -Funding Update/Discussion
 2. Potential movement for an underwriter for this event
 3. Mayor Hilliard is willing to advocate for filling the gaps with City funds, if needed
 4. Need outline explaining:
 - a. What is the goal of the Summit?
 - b. Goals of the Commission by having this
 - c. Goals of having the community included
 - d. *Need a concrete answer of this is why we're planning, here are the goals and objectives, every member will walk away with a ____, the commission will be able to promote a further understanding of X, we'll be able to create next steps for X*
 5. *\$10K mark is the threshold to stay away from to avoid going to Finance Committee (we're not going to come close to that)*
 6. Suz, Ashley & Mary will work on putting together a 1 pager outlining goals and objectives of the Summit
 7. Todd will talk with FMH re: funding

Proud past, bright future

8. If needed, Mayor Hilliard will work to identify/secure City funding
9. Maggie will check in on child care & follow-up with group

10. General Planning

Space Details:

- Capacity – Over 100?
- Round tables, if possible
 - o Do they have them? If not, we can get the ones from the Dollar Store – Maggie will check with American Legion, if not, we can have some purchased
- Wentworth Greenhouse might donate flowers for the centerpieces?
 - o Maggie will reach out?
- Do they have a projector and/or screen?
 - o PHN has a projector, but not screen – would need either a screen or a blank wall – Maggie will check in with American Legion
- Microphone system
 - o Suzanne will look into providing one from Community Partners
- Welcome Sign at the entrance
 - o Ashley has A-Frame if we need to use it for signage

Food

- Would like to keep it in-town
 - o Fiddleheads is an option – Maggie will reach out to them
- Can we utilize the culinary program?
- Fresh Picks? They do services of the summer, it could be an option – Suzanne will connect with Chris

6. Public Engagement/Outreach Efforts

- City Commission – City Logo, possibly Frisbee logo, NH Listens
- Language – want to promote the Commission doing the work & promote the Mission of the Commission
 - o Why are we meeting, how this came to fruition
 - o “Somersworth Strong”
- Video Plug for Summit – Suz will be in charge of putting this ~45 second clip together
 - o Mayor Hilliard
 - o Maggie
 - o Don
 - o Others?
 - o Speaking in short statements about the goals of the Summit
 - Somersworth Strong
 - Hilltop Mental Health & Wellness Commission
 - Join us at the Summit
- Press Release – Suz will work on putting this together
 - o Full article
- Social media
 - o (un)Official Somersworth Facebook
 - o SCPHN
 - o Police Department
 - o Community Partners

- SOS
 - Dover Mental Health Alliance
- Alert Now to emails for parents
- Falls Chamber – Emerson
- City Website
- School Website

- Tim will work on blurb for Somersworth newsletter

Ashley will send Tim the link and information for the newsletter

- Registration
 - Ashley will create & manage on Survey Monkey
- Parking is limited in the Legion lot
 - Free parking on Main Street & Washington – be sure to include in emails

Elevator Pitch Details:

- Dinner
- Welcome presentation
- Guided discussion to get your input on mental health in our community

Schedule walk-thru of the space

- Maggie will reach out to them & then she & Ashley will communicate to the group

A.) Media Outreach

1. Recorded Panel Discussions Update – *Waiting to receive from Bill Rogers, should be up any day*
 2. Future Initiatives
 7. Next Steps/Future Meeting Dates/Suggested Agenda Items
- Next meeting Wednesday June 15th – 6 – 7:30pm

8. Other

9. Public Input

10. Adjournment

- Todd Marsh asks for motion
- Don Austin moves
- Maggie Larson Seconds
- All in favor
- 7:31pm meeting adjourned, Todd Marsh, Chairman

Respectfully submitted,

Ashley Wright

*This notice is in accordance with RSA 91-A, Revised Statutes Annotated of the State of New Hampshire.