

Granite State Track and Field



<p><b>Born in 2014-2015 (Boys 9-10)</b></p> <ol style="list-style-type: none"> <li>1. 50 Meter Dash *</li> <li>2. 100 Meter Dash *</li> <li>3. 200 Meter Dash</li> <li>4. 400 Meter Dash</li> <li>5. 4 x 100 Meter Relay</li> <li>6. Standing Long Jump</li> <li>7. Softball Throw</li> </ol>	<p><b>Born in 2014-2015 (Girls 9-10)</b></p> <ol style="list-style-type: none"> <li>1. 50 Meter Dash *</li> <li>2. 100 Meter Dash *</li> <li>3. 200 Meter Dash</li> <li>4. 400 Meter Dash</li> <li>5. 4 x 100 Meter Relay</li> <li>6. Standing Long Jump</li> <li>7. Softball Throw</li> </ol>
<p><b>Born in 2012-2013 (Boys 11-12)</b></p> <ol style="list-style-type: none"> <li>1. 100 Meter Dash *</li> <li>2. 200 Meter Dash</li> <li>3. 400 Meter Dash</li> <li>4. 800 Meter Run</li> <li>5. 4 x 100 Meter Relay</li> <li>6. Running Long Jump</li> <li>7. Softball Throw</li> </ol>	<p><b>Born in 2012-2013 (Girls 11-12)</b></p> <ol style="list-style-type: none"> <li>1. 100 Meter Dash *</li> <li>2. 200 Meter Dash</li> <li>3. 400 Meter Dash</li> <li>4. 800 Meter Run</li> <li>5. 4 x 100 Meter Relay</li> <li>6. Running Long Jump</li> <li>7. Softball Throw</li> </ol>
<p><b>Born in 2010-2011 (Boys 13-14)</b></p> <ol style="list-style-type: none"> <li>1. 100 Meter Dash *</li> <li>2. 200 Meter Dash</li> <li>3. 400 Meter Dash</li> <li>4. 800 Meter Run</li> <li>5. 1600 Meter Run</li> <li>6. 4 x 100 Meter Relay</li> <li>7. Running Long Jump</li> <li>8. Softball Throw</li> </ol>	<p><b>Born in 2010-2011 (Girls 13-14)</b></p> <ol style="list-style-type: none"> <li>1. 100 Meter Dash *</li> <li>2. 200 Meter Dash</li> <li>3. 400 Meter Dash</li> <li>4. 800 Meter Run</li> <li>5. 1600 Meter Run</li> <li>6. 4 x 100 Meter Relay</li> <li>7. Running Long Jump</li> <li>8. Softball Throw</li> </ol>

**Participant will compete in age group according to their age on December 31, 2024**

**\* 50m and 100m dash events will have both preliminary and finals heats**